

DRAFT



Transitional Rent (TR) Benefit

Eligibility and Access

Transitional Rent is a short-term rental assistance benefit through Medi-Cal that helps eligible members move into stable housing and bridge the gap until longer-term housing is secured. It can help people in both permanent and interim housing settings, and it is meant to support a smooth transition to housing stability.

How does the TR Benefit Help?



- Supports individuals who have an eligible Housing Support Plan (HSP) and a sustainable plan or ongoing rental subsidy in place by month 7.
- Provides up to six (6) months of eligible rent after housing is secured.
- Focuses on supporting a successful transition into new housing - not for eviction prevention or past-due rent – helps establish long-term housing stability.

What is Required to Receive TR?

To qualify, you must be enrolled in a Medi-Cal health plan AND meet **all** of the following:

1. **Have behavioral health needs** - You must meet access criteria for Specialty Mental Health Services (SMHS), Drug-Medi-Cal (DMC), or the DMC Organized Delivery System (DMC-ODS).
2. **Have a housing need** - You must be homeless or at risk of becoming homeless.
3. **Meet additional requirements** - You must meet at least one of the following:
 - Be living unsheltered;
 - Be eligible for a comprehensive behavioral health program, such as a Full-Service Partnership; or
 - Be transitioning from a setting such as:
 - A homeless shelter or interim housing;
 - A residential treatment program;
 - A hospital or other institutional setting;
 - Foster care; or
 - A similar temporary placement.

How can I access the TR Benefit?

To access the TR benefit, you must:

- Be enrolled in a Medi-Cal Managed Care Plan (MCP),
- Meet the HUD definition of homelessness or at risk of homelessness,
- Have an identified housing need
- Be referred to a Housing Transition Navigation Services (HTNS) provider to complete a Housing Support Plan
 - Your housing support plan must have a confirmed rental unit and a way to pay rent after Transitional Rent ends.



Scan for
**Behavioral
Health and
Housing**

6/16/26

Connect to Resources

Call 888-724-7240 to connect to the **San Diego Access and Crisis Line** for free and confidential support and help navigating services, available 24/7 in over 200 languages.



Call 988 to connect to the national **Suicide & Crisis Lifeline** network of crisis call centers.